



## **SURGICAL DISCHARGE INSTRUCTIONS: OVARIOHYSTERECTOMY (SPAY) IN CATS**

### **General Information:**

Ovariohysterectomy is the medical term for spaying a female cat. The procedure consists of the surgical removal of the ovaries and the uterus. If the ovaries are not removed, the bothersome heat periods will still occur even though pregnancy is impossible. Prevention of pregnancy and heat periods is the main reason for the surgery, but the procedure is also performed in the treatment of severe uterine infections and ovarian and uterine cancer. Though it is routinely performed, an ovariohysterectomy is a major abdominal surgery requiring general anesthesia and sterile operating technique. What are the advantages?

- There will be no more heat periods.
- There will be no more unwanted kittens.
- The uterine infections common to older cats can not occur.
- There is a reduced risk for mammary gland cancer

### **Home Care:**

- Diet: Feed the normal diet starting the day after surgery
- Exercise: Restrict your cat's activity for 7 days after surgery.
- Sutures: Bring your cat back for suture removal in 7 days if the sutures are still visible.
- Please note: If your cat was in heat when she was spayed, she will probably continue to attract males for a period of time. She may also allow a male to breed with her and this can be dangerous to her health. Please be sure to watch her until you no longer notice her attracting males.

### **Notify the Doctor if Any of the Following Occur:**

- Your cat removes sutures or otherwise irritates the incision.
- Your cat refuses to eat or is depressed after the first day home.
- There is a change in your cat's general health..

### **Emergency Clinics**

VERGI Houston  
8921 Katy Freeway  
Houston, TX 77024  
713.932.9589

Gulf Coast Veterinary Specialists  
1030 Wirt Road  
Houston, TX 77055  
713.568-6116

VCA Animal Emergency Hospital  
Southeast Calder Road  
1108 Gulf Fwy S Suite 280  
League City, TX 77573  
281.332.1678

VCA Animal Emergency Hospital  
Southeast Edgebrook  
10331 Gulf Freeway  
Houston, TX 77034  
713.941.8460

Blue Pearl Katy  
19450 Katy Freeway  
Katy, TX 77094  
281.675.6000

Sugar Land Veterinary Specialists & Emergency  
1515 Lake Pointe Parkway  
Sugar Land, TX 77478  
281.491.7800